

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	40	Helsen	Michel	Rillaar	M1	MAS+40		00:19:25	17.61	03:24
2	2017	Deflem	Kenny	Tienen	M2	SEN	RCT	00:20:07	17	03:31
3	7	Cuyvers	Jonas	Deurne-Diest	M3	JUN	De Windbrekers	00:20:11	16.94	03:32
4	49	Lemmelijn	Lode	Kortenaken	M4	SEN		00:20:15	16.89	03:33
5	46	Segers	Davy	Glabbeek	M5	MAS+45	DCLA	00:20:20	16.82	03:34
6	2011	Van Santvoort	Thibo	Westerlo	M6	CAD	DRT	00:20:29	16.7	03:35
7	45	Artois	Joris	Lubbeek	M7	MAS+35		00:20:52	16.39	03:39
8	37	Blanchard	Maxime	Glabbeek	M8	SEN		00:21:43	15.75	03:48
9	47	Segers	Julie	Glabbeek	V1	SCH	DCLA	00:21:45	15.72	03:48
10	26	Verheyden	Marnik	Glabbeek	M9	SEN		00:21:50	15.66	03:49
11	38	Van Laer	Arthur	Hoegaarden	M10	SEN	RCT / work hard-play har...	00:22:02	15.52	03:51
12	2020	Wouters	Chriske	Diest	M11	MAS+55	SQM Running Team	00:22:12	15.41	03:53
13	29	Wispenninckx	Casper	Attenrode	M12	MIN	KHO bierbeek	00:24:00	14.25	04:12
14	27	Verstraete	Mathis	Budingen	M13	SCH	DCLA-Halen	00:24:23	14.03	04:16
15	16	Rouffa	Jurgen	Glabbeek	M14	MAS+50		00:24:34	13.92	04:18
16	9	Finoulst	Marc	Hoegaarden	M15	MAS+65		00:24:52	13.75	04:21
17	2015	Wilmaers	Kelly	Tielt-Winge	V2	MAS+40	Dcla Halen	00:25:02	13.66	04:23
18	48	Storms	Alex	Glabbeek	M16	MAS+60	TRUN	00:26:17	13.01	04:36
19	44	van der Heide	Arvid	Glabbeek	M17	MAS+50		00:26:36	12.86	04:40
20	23	Vandeput	Eric	Glabbeek	M18	MAS+55	Glabbeekse joggingclub	00:26:42	12.81	04:41
21	35	Jonckers	Jayson	Tienen	M19	MAS+35	RCT	00:26:56	12.7	04:43
22	22	Vanautgaerden	Lander	Bunsbeek	M20	CAD		00:27:23	12.49	04:48
23	2	Amri	Amèl	Bekkevoort	V3	SEN		00:27:34	12.41	04:50
24	42	De Wit	Felix	Tienen	M21	BEN	RCT Atletiek	00:27:59	12.22	04:54
25	41	De Wit	Stijn	Tienen	M22	MAS+35	DCLA	00:28:00	12.21	04:54
26	2004	Geleyn	Thieu	Bekkevoort	M23	MAS+45		00:28:51	11.85	05:03
27	52	Van Uytsel	Mario	Glabbeek	M24	MAS+50	Glabbeekse Joggingclub	00:28:53	11.84	05:04
28	2014	Arnauts	Kirsten	Neerlinter	V4	MAS+50	KARWEIF	00:28:58	11.81	05:04
29	17	Schouters	Bjorn		M25	MAS+35		00:29:16	11.69	05:08
30	50	Verbruggen	David	Glabbeek	M26	MAS+55		00:29:20	11.66	05:08
31	43	Mertens	Lore	Binkom	V5	SEN		00:29:24	11.63	05:09
32	39	Trouillez	Katja	Lubbeek	V6	MAS+40	La Foulee de la Truffe	00:30:33	11.19	05:21
33	34	Vanwinckel	Maxim	Hoeleden	M27	SEN		00:31:20	10.91	05:29
34	51	Matterne	Inse	Kumtich	V7	SEN	3300 Run Crew	00:31:59	10.69	05:36
35	30	Wispenninckx	Jerome	Attenrode	M28	MAS+40	Imlab	00:33:51	10.1	05:56
36	4	Boogaerts	Jantien		V8	MIN		00:33:53	10.09	05:56
37	19	Smith	Lucy	Stok	V9	SEN		00:33:54	10.09	05:56
38	31	Wispenninckx	Simon	Attenrode	M29	PUP	Uilenboom	00:33:54	10.09	05:56
39	2005	Amulius	Danny	Bekkevoort	M30	MAS+65		00:35:21	9.67	06:12
40	28	Vranckx	Katrien	Kapellen	V10	MAS+40		00:35:48	9.55	06:16
41	2013	Robberechts	Eva	Neerlinter	V11	MAS+40	KARWEIF	00:36:28	9.38	06:23
42	32	Zurings	Stephanie	Hoeleden	V12	MAS+35		00:36:37	9.34	06:25
43	18	Seykens	Vanessa	Bunsbeek	V13	MAS+40		00:36:38	9.34	06:25
44	36	Eijckmans	Eric	Laakdal	M31	MAS+60		00:36:50	9.29	06:27
45	15	Op de Beeck	Suzy	Tremelo	V14	MAS+55	Berglopers	00:37:59	9	06:39
46	24	Vanschoubroek	Sofie		V15	MAS+45		00:38:00	9	06:40
47	2021	Guldolf	Dries	Aarschot	M32	MAS+35	Sportiva Gelrode	00:38:13	8.95	06:42
48	8	Etis	Angelie	Tienen	V16	MAS+35		00:38:31	8.88	06:45
49	6	Claeys	Cristy	Wommersom	V17	MAS+35		00:41:08	8.31	07:12
50	53	Janssens	Annelies	Orsmaal	V18	MAS+40		00:44:42	7.65	07:50

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51	54	Horsthuis	Olav	Orsmaal	M33	MAS+35		00:44:44	7.65	07:50
52	20	Tommissen	Emilie	Hoeleden	V19	SEN		00:47:44	7.16	08:22
53	3	Beddegenoots	Kelly	Tienen	V20	MAS+40		00:48:32	7.05	08:30
54	1	Alcaparaz	Danelyn	Tielt-Winge	V21	MAS+45		00:48:40	7.03	08:32
55	12	Logist	Danny	Glabbeek	M34	MAS+60		00:49:10	6.96	08:37